



# Newfield

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## **Newfield – Nut Free School Policy**

People who suffer from nut allergies can develop a severe, potentially life-threatening allergic reaction.

If someone has a nut allergy it is not just eating nuts that can cause a severe reaction, just being touched on the skin or smelling the breath of someone who has had nuts or a product containing nuts can trigger anaphylactic shock (which can cause breathing and swallowing difficulties).

We have some children in school who have nut allergies that require use of an Epi-pen if they come into contact with nuts. Some staff in school are trained to use the children's Epi-pens (an injection of adrenalin which is required immediately) if this happens.

However, in order to avoid this serious risk to those children, we have adopted a NO NUTS POLICY from October 2019.

We cannot have nuts in school in any form.

This has been discussed and agreed by the governors and therefore we require staff in school not to bring in nuts or nut products, and all parents/carers NOT TO SEND IN NUT PRODUCTS for children's snack or in their packed lunches.

Examples of the items that we do NOT want children to bring to school either as a snack or in their packed lunch include:

- Peanut butter sandwiches
- Chocolate spreads
- Cereal bars
- Chocolate bars such as Snickers that contain nuts
- Cakes that contain nuts
- Biscuits / Cookies that contain nuts
- Peanut butter cakes
- Some Asian food, including satay sauces that contain nuts

This list is not exhaustive, so we have also asked parents and staff to check the packaging of products closely.

We have written to parents, added this information onto the school website and are displaying posters across the school site.

This change of policy has been taken in order to ensure the safety of those children with nut allergies.

We would ask that all parents/carers and staff adhere to it for the safety of all children. If there are any issues that you feel arise as a result of this policy, please arrange to see the Headteacher to discuss them.

### **Nut Free School Policy**

**November 2019**

*Newfield School is committed to safeguarding and protecting the welfare of children and vulnerable adults as it's number one priority. This commitment to robust recruitment, selection and induction procedure is shared by all staff and volunteers of Newfield School.*