Serving fantastic lunches everyday - All menus are planned to comply with School Food Standards and all new dishes are tested by children. Our fish is MSC certified and we use Free Range products throughout the menu. There is always fresh fruit and salad, bread and locally produced yoghurt available daily.

# Week

Week commencing

15th April 6th May 27th May 17th June 8th July 29th July 19th August 9th September 30th September 21st October

# **Traditional Main Course**

Pizza & **Pasta** 

**Jackets** & **Sandwiches** 

Dessert

#### Southern Style Quorn Burger or Quorn Goujons in a Bun with

MONDAY

Tortilla Chips & Sweetcorn (v)

Vegetable Pasta Bake with Freshly Prepared Salad Selection

> (v) Cooks Choice of filled Oven Baked Jacket Potato

Freshly Prepared Salad Selection Sticky Toffee Cupcake

with

or Fruit Yoghurt with Fruit Selection & Milk

#### Loaded Halal Chicken or Vegatarian Bean Chilli Tacos with

**SUGARWISE TUESDAY** 

Mixed Rice Freshly Prepared Salad Selection

## Cheese & Tomato Pinwheel Pizza

Paprika Potato Wedges Garden Peas & Sweetcorn or Baked Beans (v)

> Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection

> > Mini Chocolate Cookie or Fruit Yoghurt with Fruit Wedges & Milk

## Roast Halal Chicken or Roast Quorn Fillet with

**WEDNESDAY** 

Roast Potatoes, Seasonal Vegetables & Gravy

## Creamy Tomato & Mascarpone Pasta

Freshly Prepared Salad Selection (v)

Cooks Choice of filled Oven Baked Jacket Potato with

Freshly Prepared Salad Selection

Fruit Jelly & Vanilla Cream or Fruit Yoghurt with Fruit Selection & Milk

Halal Chicken or Vegetarian Sausages with

SUGARWISE THURSDAY

Herby Potato Wedges Mixed Vegetable Medley or Baked Beans

Tomato & Italian Herb Pasta

Freshly Prepared Salad Selection (v)

> Cooks Choice of filled Oven Baked Jacket Potato with

Freshly Prepared Salad Selection

Mini Shortbread Biscuit or Fruit Yoghurt with Fruit Wedges & Milk

## Golden Crumb Fish Fingers or Vegetable Fingers

**FRIDAY FAVOURITES** 

with Oven Baked Chips Garden Peas & Sweetcorn or Baked Beans

Homemade Pizza Margherita

Oven Baked Chips Garden Peas & Sweetcorn or Baked Beans (v)

Choice of filled Sandwich Roll

with Tortilla Chips Freshly Prepared Salad Selection

> Chocolate Brownie or Fruit Yoghurt with Fruit Selection & Milk

# Weel

Week

commencing

22nd April 13th May 3rd June 24th June 15th July 5th August 26th August 16th Septembe 7th October 28th October

**Traditional Main Course** 

> Pizza & **Pasta**

**Jackets** & Sandwiches

Dessert

**Traditional** 

**Main Course** 

Pizza

&

**Pasta** 

# **MEAT FREE MONDAY**

Vegetarian Sausage Roll with Paprika Potato Wedges Garden Peas & Sweetcorn or Baked Beans (v)

Creamy Tomato & Mascarpone Pasta with Freshly Prepared Salad Selection

(v)

Cooks Choice of filled Oven Baked Jacket Potato with

Vanilla Sponge & Chocolate Sauce or Fruit Yoghurt

Fruit Selection & Milk

Freshly Prepared Salad Selection

# SUGARWISE TUESDAY

Halal Chicken or Vegetarian Burger in a Bun Tortilla Chips

Freshly Prepared Salad Selection

Tomato, Mild Chilli & Sweet Pepper Pasta

Freshly Prepared Salad Selection (v)

Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection

Mini Chocolate Shortbread or Fruit Yoghurt with Fruit Wedges & Milk

## WEDNESDAY

Roast Halal Chicken or Roast Quorn Fillet with Roast Potatoes, Seasonal Vegetables & Gravv

Homemade Calzone Pizza

Rainbow Vegetable Pasta Salad (v)

Cooks Choice of filled Oven Baked Jacket Potato Freshly Prepared Salad Selection

> Oaty Flapjack or Fruit Yoghurt with Fruit Selection & Milk

#### Cooks Choice of Halal Chicken or Vegetarian Curry

SUGARWISE THURSDAY

with Mixed Rice & Naan Bread

Cheese, Broccoli & Pasta Bake Freshly Prepared Salad Selection (v)

Cooks Choice of filled Oven Baked Jacket Potato Freshly Prepared Salad Selection

Mini Vanilla Cookie or Fruit Yoghurt with Fruit Wedges & Milk

#### Harry Ramsdens Crispy Battered Fish or Vegetable Fingers

with Oven Baked Chips & Mushy Peas

FRIDAY FAVOURITES

Homemade Pizza Margherita Oven Baked Chips & Baked Beans

(v)

Choice of filled Sandwich Roll with Tortilla Chips Freshly Prepared Salad Selection

Fruit Jelly & Vanilla Cream or Fruit Yoghurt Fruit Selection & Milk

# Weel

3 Week commencing

29th April 20th May 10th June 22nd July 12th August 2nd September 23rd September 14th October 4th November

#### MONDAY

Halal Chicken or Vegetarian Sausages in a Bun with Tortilla Chips Freshly Prepared Salad Selection

Tomato & Italian Herb Pasta with

Freshly Prepared Salad Selection (v)

Cooks Choice of filled **Jackets** Oven Baked Jacket Potato & with Sandwiches Freshly Prepared Salad Selection

Chocolate Cupcake or Fruit Yoghurt Dessert with Fruit Selection & Milk

# SUGARWISE TUESDAY

Golden Crumb Salmon Fillet Fingers or Vegetable Fingers with

Paprika Potato Wedges Mixed Vegetable Medley or Baked Beans

> Tondo Pizza Panini with Paprika Potato Wedges Freshly Prepared Salad Selection (v)

> Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection

> > Mini Lemon Cookie or Fruit Yoghurt with Fruit Wedges & Milk

# WEDNESDAY

Roast Halal Chicken of Roast Quom Fillet with Roast Potatoes, Seasonal Vegetables

& Gravv

Creamy Tomato & Mascarpone Pasta Freshly Prepared Salad Selection (v)

Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection

Fruit Jelly & Vanilla Cream or Fruit Yoghurt with Fruit Selection & Milk

# SUGARWISE THURSDAY

Summer Picnic Lunch Assorted filled Sandwich and/or Wrap Mini Vegetable Samosa Tortilla Chips & Vegetable Sticks

Halal Chicken or Quorn Pasta Bolognaise Freshly Prepared Salad Selection

Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection

> Mini Shortbread Biscuit or Fruit Yoghurt with Fruit Wedges & Milk

#### Golden Crumb Fish Fingers or Vegetable Fingers with Oven Baked Chips

**FRIDAY FAVOURITES** 

Garden Peas & Sweetcorn or Baked Beans Homemade Pizza Margherita

Oven Baked Chips Garden Peas & Sweetcorn or Baked Beans (v)

> Choice of filled Sandwich Roll with Tortilla Chips Freshly Prepared Salad Selection

> > Chocolate Mousse Delight or Fruit Yoghurt with

Fruit Selection & Milk

# Whilst every effort is made to produce the published menus, please note that they may vary occasionally subject to availability and individual school requirements. All our menus are checked using a recognised programme to analyse nutrition. We also work with Lancashire Healthy Schools and support the Change 4 Life campaign. The result is a menu your child will enjoy and that will prepare them for learning in the afternoon.