

**Newfield**

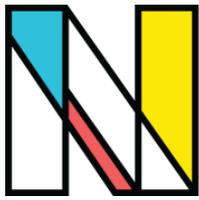
Inspire | Support | Achieve | Together

## Key Stages 3 and 4 PSED Coverage

The PSED framework is made up of 6 areas.

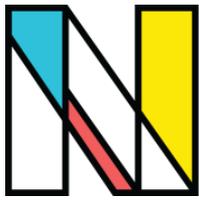
Some of these areas are covered as part of our daily offer, particularly those focussed around independence skills, social interaction and self care. These areas are evidenced and assessed via each pupil's Personalised Learning Plans termly.

Topics that are not covered in this way are taught discreetly, building on previous skills and tracked via our PSED Individual Scheme of Work.



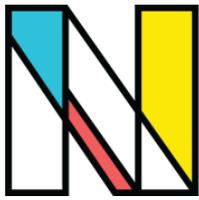
Key Stage 3 and 4 PSED Coverage

<b>Areas of PSED</b>	<b>Coverage</b>	
Self Awareness	Personal strengths Prejudice and discrimination Playing and working together	Skills for learning Managing pressure
Self Care	Feeling unwell Accidents and risk Emergency situations Gambling	Feeling frightened/worried Keeping safe online Public and private
Managing Feelings	Self-esteem and unkind comments Romantic feelings and sexual attraction Expectations of relationships/abuse Strong feelings	
Changing and Growing	Puberty Friendship Healthy and unhealthy relationship behaviour Intimate relationships, consent and contraception Long-term relationships/parenthood	
Healthy Lifestyles	Mental wellbeing Physical activity Body image Drugs, alcohol & tobacco	Healthy eating Medicinal drugs
The World I Live In	Diversity/rights and responsibilities Managing online information Taking care of the environment Managing Finances/Money Preparing for adulthood	



**Elements of topics covered in our daily offer and captured via PLPs**

<b>Area of PSED</b>	<b>Topic</b>
<b>Self Awareness</b>	Personal strengths Skills for learning Managing pressure Playing and working together
<b>Self Care</b>	Feeling unwell Feeling frightened/worried
<b>Managing Feelings</b>	Self-esteem and unkind comments Strong feelings
<b>Changing and Growing</b>	Friendship
<b>Healthy Lifestyles</b>	Mental wellbeing Physical activity Healthy eating
<b>The World I live In</b>	Diversity/rights and responsibilities (RRSA group/school council) Preparing for adulthood Managing Finances/money



## PSED Coverage KS4

### Autumn Year A

Area of PSED	Topic
Healthy Lifestyles	Drugs, alcohol, tobacco and medicinal drugs
Self Care	Gambling

### Spring Year A

Area of PSED	Topic
Self Care	Keeping Safe online Public and Private (online)
The World I Live In	Managing online information
The World I Live In	Taking care of the environment

### Summer Year A

Area of PSED	Topic
Changing and Growing	Puberty Healthy and unhealthy relationship behaviour Intimate relationships, consent and contraception
Managing Feelings	Romantic feelings and sexual attraction Expectations of relationships



## PSED Coverage KS4

### Autumn Year B

Area of PSED	Topic
Healthy Lifestyle	Physical activity Body image
Self Care	Feeling unwell, feeling frightened/worried

### Spring Year B

Area of PSED	Topic
Self-Awareness	Prejudice and discrimination Managing pressure
Changing and Growing	Friendships Long term relationships

### Summer Year B

Area of PSED	Topic
Self-Care	Accidents and risks Emergency situations
Self-Awareness	Skills for learning
Healthy Lifestyles	Healthy eating