

Newfield

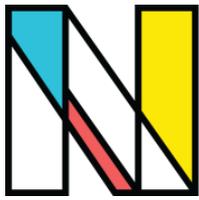
Inspire | Support | Achieve | Together

Key Stage 3 and 4 PSED Coverage

The PSED framework is made up of 6 areas.

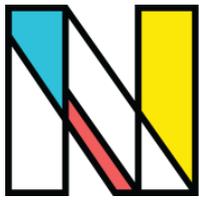
Some of these areas are covered as part of our daily offer, particularly those focussed around independence skills, social interaction and self care. These areas are evidenced and assessed via each pupil's Personalised Learning Plans termly.

Topics that are not covered in this way are taught discreetly, building on previous skills and tracked via our PSED Individual Scheme of Work.



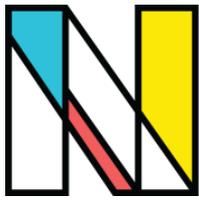
Key Stage 3 and 4 PSED Coverage

Areas of PSED	Coverage	
Self Awareness	Personal strengths Prejudice and discrimination Playing and working together	Skills for learning Managing pressure
Self Care	Feeling unwell Accidents and risk Emergency situations Gambling	Feeling frightened/worried Keeping safe online Public and private
Managing Feelings	Self-esteem and unkind comments Romantic feelings and sexual attraction Expectations of relationships/abuse Strong feelings	
Changing and Growing	Puberty Friendship Healthy and unhealthy relationship behaviour Intimate relationships, consent and contraception Long-term relationships/parenthood	
Healthy Lifestyles	Mental wellbeing Physical activity Body image Drugs, alcohol & tobacco	Healthy eating Medicinal drugs
The World I Live In	Diversity/rights and responsibilities Managing online information Taking care of the environment Managing Finances/Money Preparing for adulthood	



Elements of topics covered in our daily offer and captured via PLPs

Area of PSED	Topic
Self Awareness	Personal strengths Skills for learning Managing pressure Playing and working together
Self Care	Feeling unwell Feeling frightened/worried
Managing Feelings	Self-esteem and unkind comments Strong feelings
Changing and Growing	Friendship
Healthy Lifestyles	Mental wellbeing Physical activity Healthy eating
The World I live In	Diversity/rights and responsibilities (RRSA group/school council) Preparing for adulthood Managing Finances/money



PSED Coverage KS3

Autumn Year A

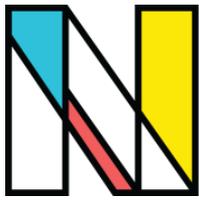
Area of PSED	Topic
The World I live In	Managing Finances
The World I live in	Taking Care of the environment

Spring Year A

Area of PSED	Topic
Self Awareness	Personal Strengths
Managing Feelings	Self Esteem and unkind comments
The World I Live In	Preparing for adulthood

Summer Year A

Area of PSED	Topic
Changing and growing	Puberty Healthy and unhealthy relationship behaviour Intimate relationships, consent and contraception
Managing Feelings	Romantic feelings and sexual attraction Expectations of relationships



PSED Coverage KS3

Autumn Year B

Area of PSED	Topic
Self Awareness	Playing and working together
The World I Live in	Diversity, rights and responsibilities

Spring Year B

Area of PSED	Topic
Changing and growing	Friendships
Healthy Lifestyles	Healthy eating

Summer Year B

Area of PSED	Topic
Healthy Lifestyles	Mental Wellbeing
The World I Live In	Taking care of the environment